

THE GUIDE

2017



Curated by Gnomelife Records

SATURDAY 11-5

3:45 - 5

**THE RANGE OF LIGHT
WILDERNESS**

2:30 - 3:30

WHITE MAGIC

1:30 - 2:15

LFZ

12:30 - 1:15

SUZANNE VALLIE

11:15-12:15

FREE AKTION

(DJ SET)

SUNDAY 10-4

2:45 - 4

PEAKING LIGHTS

1:30 - 2:30

LITTLE WINGS

12:30 - 1:15

MARY LATTIMORE

11:30 - 12:15

JEREMY HARRIS

10:15 - 11:15

PRINCE RAMA

(DJ SET)

WWW.MERCADO-SAGRADO.COM

Thanks to our friends:

mohinders



SÜPRMARKT

**CONSCIOUS
CITY GUIDE**



WORKSHOPS FOR CHILDREN

WITH AUBREE MCATEE

Aubree McAtee believes in creating meaningful education experiences. She has been called to find a balance between teaching and listening, and has created and ran educational programs in Patagonia for Conservación Patagónica for over two years, working and developing the future Patagonia National Park in Chile. She hopes to bridge the gap in urban neighborhoods providing nature connection for all children and while continuing to collaborate with parks and reserves to create educational programs that honor the land, culture and its people. Currently, she serves as an outreach and education coordinator for a small nonprofit in San Francisco and spends her free time holding children's space and workshops in nature.

PLEASE ARRIVE A FEW MINUTES EARLY. SPACE IS LIMITED. PLEASE BOOK ONLINE OR VISIT AUBREE AT THE CHILDREN'S "SAGRADITOS" ZONE TO PURCHASE A TICKET AND RESERVE A SPACE FOR YOUR CHILD. CHILDREN'S WORKSHOPS ARE MOST APPROPRIATE FOR KIDS AGES 4-12. WORKSHOP FEE IS IN ADDITIONAL TO MERCADO SAGRADO ENTRANCE FEE.

NATIVE PLANTS + LOCAL WOOL FOR KIDS

With local plants, learn how to extract the colors and dye locally sourced wool from sheep and alpaca. Spin the wool with your very own spindle and bring home a ball of yarn that you hand dyed along with a spindle.

SATURDAY, NOVEMBER 4TH - 11:30AM

CORDAGE + NATIVE FIBERS

Wander walk on the land with a naturalist and learn about the traditional use of native plants in your backyard. Learn the history of the making of cordage + rope and string + and how it served as an extremely important technology that was used by native peoples in California.

Make a necklace or a bracelet!

SUNDAY, NOVEMBER 5TH - 11:30AM

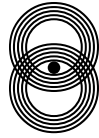
DREAMCATCHERS + STORYTELLING

Learn the story behind a dream catcher. Create with hand-made beads, local plants and objects and the history behind a dreamcatcher and its purpose.

SATURDAY, NOVEMBER 5TH - 2PM

STORY TIME + NATURE WALK

SUNDAY, NOVEMBER 5TH - 2PM



SIGHT + SOUND

RHYTHMS OF VISION: SOUND BATH

WITH KASSIA MEADOR AND FARMER DAVE SCHER

The first healing tool was sound. Our bodies are 70% water, ideal conductors for vibrational sound healing experiences. Through sonic vibration your brain will reach a deep healing theta state through a process called entrainment. Sound healing can lower blood pressure, reduce cardiac disease, improve immunity, significantly reduce stress hormones, stabilize your mood and give you better sleep. The different notes and frequencies of the sound tools we use are also tuned to your seven life force energy centers. Be prepared to move energy quickly, clear blockages, feel the new vibrations and bliss out.

Kassia Meador and Farmer Dave Scher embody the true spirit of California; a new and refreshing approach to the traditional medicine path, surfing the wave of sonic evolution where ancient meets modern to form a bridge to the future. Come drop in with them. All you need to bring is an open heart, an open mind and something cozy to lie on. Follow your breath and they will help to facilitate the rest.

SATURDAY AT 11AM + SUNDAY AT 10:00AM. COMPLIMENTARY CHOCOLATE BY HONEYMAMAS TO FOLLOW SOUNDBATH.

TRANSMUTEO

A FILM BY JEAN-LUC BUZZOLI

TRANS...everything changes.
MU...the perceptual and mysterious world is always in creation.
TEO...the ultimate Spirit that holds the stars together: beyond the doors of perception: All is One / One is All.

Transmuteo is a 30 minute animated visual feast of the beautiful inner world of visionary artist, Jean-Luc Bozzoli. This film is an active meditation, assisting in shifting consciousness into a New Time/Space realm of Creative Experience.

Jean-Luc Bozzoli is a French artist who has lived in the Pacific Islands for the past 45 years. He studied at the Beaux-Arts in Paris yet learned more from observing Nature and its intrinsic 'stargates'. Jean-Luc was born as a natural visual-intuitive, a modern shaman artist who can navigate dimensions and retrieve psychic snapshots of those realms to share with audiences; awakening in them the awareness of parallel realities where "sentient beings" communicate via ethereal frequencies forming images with colors and geometries. He has spent thousands of hours immersed in the holographic undersea world of wild dolphins and whales, sharing the visions and wisdoms awakened within him through his art.

SATURDAY AT 11AM + SUNDAY AT 10:00AM

THE SOFTENING / BREATHWORK + MEDITATION

WITH ASHLEY NEESE

How can you attune to the pace of your body? How can you pay gentle attention to areas of discomfort? How can you soften yourself into resilience?

Please join somatic breathwork teacher Ashley Neese and investigate the subtle art of listening to your body. Using the breath and somatic meditation techniques this workshop offers a safe space to bring awareness to your body's unique holding patterns and shift them with ease. Through the power of guided breathing and somatic practices, you will strengthen your capacity to plug into the present moment, access dormant areas of your nervous system and soften yourself into healing.

Ashley Neese is a courageous guide who empowers people to heal themselves. She holds a MFA from the California College of the Arts and is a somatic breath teacher. Her private sessions, workshops, retreats, and lifestyle journal guide spirit seekers towards living with their hearts wide open.

Ashley works with clients all over the world and has been featured in Elle Japan, Jenni Kayne, the Chalkboard Mag, and the Nourished Journal. She loves tending to her plants, talking to hawks in the park, cozy dinners with friends, and feeling feelings. Ashley sees clients in person in Los Angeles and Oakland and remotely via Skype.

SATURDAY 12:30 - 2PM. ALL ARE WELCOME TO ATTEND. NO EXPERIENCE WITH BREATHWORK OR MEDITATION IS NECESSARY. PLEASE BRING A YOGA MAT, PEN, PAPER, AND EYE COVER.



UNARIUS ACADEMY OF SCIENCE

THE UNARIUS ACADEMY OF SCIENCE
AND JODI WILLE PRESENT...

...the films The Arrival and We Are Not Alone, and discuss past-life therapy and working with spirit guides for inspired creativity

Experience the legendary creative collective Unarius' 16mm DIY masterwork The Arrival (1981, 50 mins.) and Jodi Wille's short film on the group, "We Are Not Alone," (2017, 12 mins.), and hear the Unarius speak on the transformative effects of past-life psychodrama therapy and working with spirit guides for prolific creative output.

Beginning the mid-'70s, Unarius' visionary leader Ruth Norman (AKA Archangel Uriel) urged her students at The Unarius Academy of Science to create art as part of their spiritual growth through intuitive painting, poetry, music, and, most notably, the creation of past-life psychodrama "documentary" films and videos. And of all the DIY films made by American alternative cultures over the decades, none are as epicly ambitious and as earnestly powerful as THE ARRIVAL. Both a "documentary" of a Unarius' channeled past-life incarnation and a riveting homemade space opera (complete with ingenious hyper-colored analog SFX), the film follows an aborigine, who, after being contacted by an immense Rubik's Cube full of advanced telepathic beings, overcomes his psychic amnesia, working through his past life as a genocidal spaceship commander. The largest-scale production of Unarius' oeuvre, THE ARRIVAL feels more timely than ever in 2017, with a spiritual agenda to match Jodorowsky's and a startling visual aesthetic that is currently influencing a new generation of artists, designers and musicians.

Filmmaker, book publisher, and curator, Jodi Wille is known for her work exploring American subcultures. Wille directed the documentary THE SOURCE FAMILY (2013) and is cofounder and editor of book publishing companies Dilettante Press and Process Media. She co-curated the 244 work exhibition "The Visionary Experience: From St. Francis to Finster" at the American Visionary Art Museum in Baltimore (2014-2015). She is currently working on a feature-length documentary on Unarius.

SATURDAY 2 - 3:30PM

"DR J" + THE INTERDIMENSIONAL SASQUATCH CONCEPTION

DR. MATTHEW A. JOHNSON ("DR J")

Dr. Matthew Johnson ("Dr. J.") in conversation with Omne the Aquarian of The Source Family, moderated by Jodi Wille (Director, The Source Family)

On July 1, 2000, Dr. J. and his family ran into a Bigfoot on the mountain above the Oregon Caves National Monument Park. Since that time, he has relentlessly pursued the truth regarding who are the Bigfoot Forest People and where do they come from. Unlike some TV shows, Dr. J. asserts he has actually found Bigfoot--and has habituated with a family of Bigfoot for several years. During his journey, he has encountered energy portals, has learned how to communicate with the Forest People, and has brought others to them for healing (i.e., Several who say they have been healed from cancer, DVTs, bone spurs, gallstones, heart problems, etc.), including Robert Quinn, aka Omne the Aquarian of The Source Family. Robert, who has spent several nights sleeping in the Oregon forest with Dr. J. to commune with the Forest People, will join in conversation about his own experiences.

Join us for this presentation and conversation, where you will learn how to find the Sasquatch, reach out to them, and learn how to communicate with them, too.

SATURDAY 3:30 - 5PM

LOVE IS WHAT MY MOTHER MADE WHEN SHE MADE CHOCOLATE CHIP COOKIES:

A CONVERSATION ABOUT SURFING AND ART

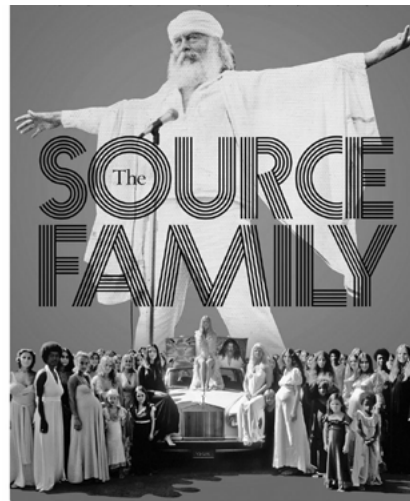
JAMIE BRISICK

Jamie Brisick has spent more than four decades deeply immersed in surfing, first as a professional surfer in the '80s and '90s, and since then as a writer, photographer, and filmmaker. An author of several books, an editor of international surf magazines, and a Fulbright scholar, he is an astute observer of the culture. In conversation with Christian Troy, Executive Director of Waves For Water, and through a selection of his photographs,

Jamie will discuss his life in surfing and his transition into writing.

Jamie Brisick's books include *Becoming Westerly: Surf Champion Peter Drouyn's Transformation into Westerly Windina*, *Roman & Williams: Things We Made, We Approach Our Martinis With Such High Expectations*, *Have Board, Will Travel: The Definitive History of Surf, Skate, and Snow*, and *The Eighties at Echo Beach*. His writings and photographs have appeared in *The Surfer's Journal*, *The New York Times*, and *The Guardian*. He was the editor of *Surfing* magazine from 1998-2000, and is presently the global editor of *Huck*. In 2008 he was awarded a Fulbright Fellowship. He lives in Los Angeles.

SUNDAY AT 11:30AM



INTERDIMENSIONAL LIVING IN THE SOURCE FAMILY

OMNE THE AQUARIAN OF THE SOURCE FAMILY

Rare Source Family films, images, and conversation with Robert Quinn AKA Omne the Aquarian of The Source Family and Jodi Wille (Director, The Source Family documentary)

In 1971 at the age of 20, Robert Quinn dropped out of college, hitchhiked cross country, and landed literally right in front of Father Yod and The Source restaurant in Los Angeles. He joined the nascent Source Family and soon became the restaurant manager and one of the family's main astrologers. Later, as one of the primary family photographers he captured some of The Source Family's most

iconic images and designed all of the Source Family record album covers. Highly observant of those around him and blessed with a photographic memory, Omne, a natural storyteller, will share rare Source Family home movies and previously unseen and iconic images and share tales from his days in The Family, where he says miracles were a daily occurrence and interdimensional reality was accessed by all. Join us and hear new stories and observations that will alter everything you ever thought you knew about The Source Family.

Robert Quinn lives in Yelm, Washington. He believes the best chance for a person to emerge into the world with a good heart and open mind is if they are raised in a home or community where miracles are common and accepted. Ever since his immersion into The Source Family, he has led a life driven by radical spiritual pursuits and consciousness expansion, focusing on the Vital Importance of Leisure Time, experiences with no materialistic explanation, and inviting and welcoming the Unknown.

SUNDAY AT 12:30PM

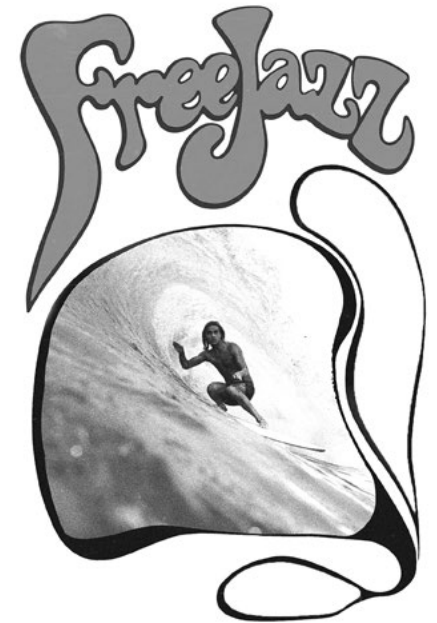
XTREME NOW

TARAKA LARSON OF PRINCE RAMA

XTREME NOW is the latest bold new manifesto by Taraka Larson, pushing Prince Rama's self-proclaimed philosophy of the Now Age further and exploring life as a continuous daring act of performance art. Premiering at the NY Art Book fair, it was written as a metaphysical treatise to accompany Prince Rama's latest album, examining the phenomenon of extreme sports through the macro lens of history as well as prophesying a future of "speed art" that fuses extreme sports, time travel and the sublime. Part critical analysis, part science fiction, and part metaphysics, Xtreme Now outlines a future where energy drinks sponsor art museums and beauty is rated by speed, all the while seducing the attention back to a dizzying state of eternal presence, "A Now Age Book of the Dead".

Taraka Larson is one half of Prince Rama, founder of the Now Age Movement for Metaphysical Aesthetics, and chief designer for Xtreme Mess, a boutique line of byzantine inspired extreme sports outerwear. She currently lives in Brooklyn.

SUNDAY AT 2PM



FREE JAZZ VEIN

A FILM BY TIN OJEDA, 2017

A self-described "experimental 45-minute experimental film shot on Super 16mm", the film features an eclectic surfcast% Ozzie Wright, Dave Rastovich, Alex Knost, Trevor Gordon, Mikey Detemple, Devon Howard, Kassia Meador, and a host of other fringe dwellers/free thinkers.

Tim Ojeda's work spans several mediums, where his approach and artistic sense are born from experimentation and spontaneity. He can be at once a documentarian and a voyeur, where by utilizing film and photography capture this tenuous duality. His most recent solo exhibition at Tripoli Gallery in the Autumn 2012 featured his video portraits. There is an inherent sculptural quality to his photographs and films, highlighting the importance of installation and the artistic process from the very start to the absolute finish. He has been included in several group exhibitions, one of which debuted at the 303 Gallery in New York. He currently lives and works in Montauk, New York.

SUNDAY AT 3PM



YOU NEVER CHANGE THINGS BY FIGHTING THE EXISTING REALITY. TO CHANGE SOMETHING, BUILD A NEW MODEL THAT MAKES THE EXISTING MODEL OBSOLETE.

-R. BUCKMINSTER FULLER

EMPOWERMENT FOR A HIGHER LIFE + WORLD

ALESSANDRO GIANNETTI

With the constant climate of chaos in the world it's easy to become discouraged and feel disempowered. Yet when we approach life as spiritual beings we can accomplish the impossible. Learn to connect with your inner power to manifest your desires. Begin to embrace your true self and connect to your soul purpose.

Alessandro Giannetti is an Intuitive Energetic Healer and Spiritual Teacher known for creating incredible shifts in people's lives. With over 28 years of experience in the healing world, Alessandro specializes in empowering and connecting people to their highest path. Born in NY, Alessandro now calls Los Angeles home. He teaches weekly courses and workshops, hosts international retreats and corporate training events, and offers limited private sessions. Alessandro is extremely intuitive and his techniques include some of the following: Channeling, Chi Kung, Distance Healing, Distance Healing on Large Groups, Spiritual Surgery, Life Event/Physical World Event Shifting, Energy Manipulation, Past Life Healing and Clearing, Soul Karma, Soul Recovery Work and much more. His favorite techniques are DNA, Mind, and Body Reprogramming.

SATURDAY AT 12:30PM

THE FUTURE OF FREQUENCY TECHNOLOGY

CO-FOUNDER AARON BIGELOW + JARA FAIRCHILD OF AMPCOIL

Are you seeking a wellness solution to get your life back or a "biohack" to optimize your performance? Explore how vibrational technologies are being used to go intracellular, reaching the root of your well-being. Microbes, metals, and toxins can create vibrational interferences – straining organs, disturbing bioterrain, and depleting nutrition – often leading to Lyme and other chronic autoimmune conditions. Learn how merging proven technologies (from Nikola Tesla to Dr. Royal Rife) could bring humanity to new heights and be the transformation tool of our times. Q&A to follow.

Aaron Bigelow is co-founder of Health Evolution Tech, Inc., a California-based, self-funded tech start-up that developed the AmpCoil device, a transformation tool empowering people to be stewards of their own health. Aligned with the principles of nature, AmpCoil, powered by the BetterGuide app, is the only system that merges PEMF, biofeedback, bioresonance, Tesla and sound technology into an all-in-one wellness system for home use. After a worldwide and decade-long search to save he and his family from life-threatening chronic Lyme Disease, the AmpCoil was born. Today Aaron is on the positive side of Lyme, and as a visionary and entrepreneur is vibrantly

engaged in his life's passion to empower people to help others rise above the current pandemic of Lyme and autoimmune conditions. Aaron's 20 years of experience at the executive level in the holistic health technology industry, developing and distributing devices, started when he discovered biofeedback as a way to manage ADD and allergy symptoms. As a passionate leader, he credits work-life balance – enjoying stand-up paddleboarding, skiing and mountain biking – as a key to expanding AmpCoil. He lives in Nevada City, California, with his wife Geneva and their two daughters, while their AmpCoil family expands throughout North America and 10 countries around the world.

Jara Fairchild is a personal transformation enthusiast, former Hollywood publicist, and manager of marketing for AmpCoil. She began living a holistic lifestyle in her 20s, exploring numerous healing modalities to get to the root cause of health issues and energetic imbalances. Her tenacity led to an experiential dive into energy healing and the role that limiting subconscious beliefs, trauma, genetics and the soul's journey play in determining well-being. During this time, she continued her career in public relations and marketing in the entertainment & wellness industries as a PR and marketing consultant, while promoting various wellness and spirituality experts. In June 2016, she prayed for divine guidance to get her life back after adrenal burnout, which caused severe autoimmune conditions. Five days later she discovered the AmpCoil. Today she's symptom free and passionate about bringing this technology to others who are suffering so they too can take back their health and transform their lives. After 12 years in Los Angeles, Jara relocated to Boulder, Colorado in June 2017, leaving behind her career in the entertainment business to work on the forefront of bringing vibrational technology to the people.

SATURDAY AT 1:30PM

LOVE AND THE SCIENCE OF NUMEROLOGY

JOSH SIEGEL

There are very few topics that evoke as much interest universally than love. It is apart of the human condition to desire an intimate connection with another and yet that very desire is the source of so much confusion and consternation for many. The fact that such a natural inclination would

bring intense psychological developments has created no shortage of books to attain a healthier more fulfilling relationship. Love doctors profess proven systems and techniques to externally beat the odds and zero in on the right mate. Others push a more spiritual approach by encouraging a deeper connection within the self which would send out the right signal to attract a mate in alignment with higher values. Josh Siegel has counseled thousands of clients on their relationships. In the process of perfecting his system of decoding people's lives, he made a startling discovery: there is a code that we are born with that once unlocked, attracts the proper mate naturally. There is no set of rules or methods required, only opening up to and working through a special lesson we are destined to receive. It is true that this lesson is purposely challenging, however there is a gift waiting for us all once we integrate its meaning into our lives. One such gift is a life affirming love. After 20,000 case studies he discovered the following: to the degree we become aware of and integrate our special lesson, who we attract will be in direct proportion to where we are on our path to healing. No system of dating or relating can be a substitute for this truth. Discover part of your unique code to unlock the path to the love you deserve.



Josh Siegel, with over 20 years of research and study is a leading expert in the field of numerology. By using his advanced system to decode, he can tell virtually anyone in a matter of moments, crucial truths about their lives, the hidden meaning behind seemingly random events and why we attract certain relationships. Your name and birth date are not an accident. They are the basis to the code that unlocks the unseen influences affecting your life. This knowledge is thousands of years old and hidden within the pages of sacred writings across the world. Siegel has devoted his life to translating it into a powerful and highly accurate system for the modern mind and all of its special challenges.

Josh was featured in the History Channel's

hit series, Brad Meltzer's "Decoded" and is an expert for the Los Angeles Times, CBS News, Fox News and Diane Sawyer's ABC Worldwide News. He appears in the special features of Jim Carrey's % best selling DVD, "The Number 23." Currently, Josh is working on a revolutionary new book to bring his breakthrough system to an even greater audience.

SATURDAY AT 2:30PM

WALKING IN BEAUTY

SHIVA ROSE

It's hard to believe Shiva Rose, the wellness-and-beauty entrepreneur behind the blog The Local Rose and eponymous skin-care line was diagnosed with lupus and other autoimmune disorders %and told she might have as little as one year left to live. The experience led Shiva to embrace a holistic lifestyle and she began to explore natural foods, beauty products, and holistic lifestyle practices that included solitary walks in forests, swimming in clean seas, and meditation through Kundalini yoga practice. Shiva represents a new breed of influencers & modern-day renaissance women using personal health challenges as motivation to create and educate. As her passion and following grew, Shiva saw a market gap in the area of beauty and skin and developed a product line, which bears her name, and her obsession with purity, quality, and style.

Shiva will discuss nourishing rituals for inner and outer beauty, the role spirituality plays in holistic living and close with a group meditation.

SATURDAY AT 3:30PM

SPIRITUALITY + SOCIAL JUSTICE: HOW TO MAKE OUR VALUES REAL

OLYMPIA AUSET OF SÜPRMARKT

Living and learning through the awakening experiences of Vipassana Meditation, Inippi ceremony, and many other transformational, synchronistic events in her journey, Olympia Auset has become steadfast in her commitment to creating infrastructure for a better earth. Having lived in neighborhoods across Los Angeles, she has become very familiar with the differences in creativity, potential,

and happiness which accompany differing food landscapes. She knows that no collective shift can be had without engaging the least empowered people, and no empowerment is possible without access to quality food, and has set out to create a building block for our collective upliftment with SÜPRMARKT.

Olympia Auset founded SÜPRMARKT in July of 2016 and since its inception, has provided more than 500 cases of organic fruit, veggies, and seeds affordably in South LA, a community which has 1.3 million residents but only 60 grocery stores. 23.5 million Americans are food insecure and SÜPRMARKT brings affordable produce to the people and places that need it most, in a weekly pop-up and subscription service poised to create a culture of equal access and conscious consumerism across the board. With innovation, information, and inspiration as the heart of its operations, this is the climate SÜPRMARKT is working to change.

SUNDAY AT 10:15AM

HOW THE INDIGO, CRYSTAL + RAINBOW CHILDREN ARE HERE TO CHANGE THE WORLD

KRISTIE REEVES

We are living in times of incredible transformation as we are facing many challenges but also opportunities to create a better tomorrow. There is a new generation of children who we have gotten to know as the Indigo, Crystal and Rainbow children. These kids (and many of them adults now) are the change makers of the world, shifting old structures, creating new technologies and raising the consciousness of this planet as they are leading the causes for environmental and social change globally. Find out how these children are here to change the world and become inspired to do the same!

Kristie Reeves is an actress, producer, international speaker and author. For the past six years she has been producing and interviewing on the series "The Children of the Rainbow", a documentary series about the new generation of Indigo, Crystal and Rainbow children. She is also the host of the Radio/ TV Show "Rebel Hearts w/ Kristie Reeves" at UBN- Universal Broadcasting Network.

SUNDAY AT 11:30AM

NATURAL TREATMENTS FOR SEVERE+CHRONIC PAIN

JAMES DAVID ADAMS

James will speak about the current epidemic of 69,500 deaths every year in the USA caused by the inappropriate treatment of pain with orally administered pain killers and orally administered opioids. He will discuss how to treat pain appropriately in order to decrease the epidemic.

Dr. James Adams, PhD, is an Associate Professor at the USC School of Pharmacy. He was trained for 14 years by a Chumash Healer and co-authored the book Healing with Medicinal Plants of the West: Cultural and Scientific Basis for Their Use.

SUNDAY AT 12:30PM

ELEMENTAL ALCHEMY: BIOHACKING YOUR WATER, AIR, EARTH + LIGHT

LUKE STOREY

Luke Storey, host of The Life Stylist Podcast, will lead this intensive lifestyle-design session to help you create and maintain an abundantly healthy, and vibrant urban lifestyle.

Using his 21 years of experience as a biohacker and truth seeker, Luke will show you how to apply the most powerful principles of nature, combined with modern technology to help you not only survive modern city life- but to thrive in it.

You'll learn about the most common and sometimes hidden toxins in your household and energetic environment, and how to protect yourself and your family by making a few profound, yet simple adjustments to your lifestyle and mindset.

Lukey Storey is a former celebrity fashion stylist- turned public speaker, podcaster, and entrepreneur, who has spent the past 20 years relentlessly searching the world over to design the ultimate lifestyle through his extensive, and sometimes obsessive, personal research and development. Using The Life Stylist Podcast as his delivery platform, Luke continues to share his strategies for healing, happiness, and high-performance living each week so that listeners can use this knowledge to design their ultimate lifestyle.

Luke's show features the biggest experts in the fields of health, spirituality, and personal development. Past guests have included experts like Dave Asprey, David Wolfe, Ben Greenfield, Jack Kruse, John Gray and Daniel Vitalis. Luke's show covers an ever-expanding range of topics including sex and relationships, yoga, meditation, smart drugs, health myths and medical conspiracies, spirituality, food and supplementation, herbalism, alternative medicine, and biohacking technologies and tactics.

As a public speaker, Luke has appeared on stage with current thought leaders such as Tim Ferris, and Neil Strauss. He is known for his raw, down to earth delivery, and sometimes extreme health practices. Luke currently works one on one with private clients and continues to act as CEO at School of Style, the world's most prominent school for fashion stylists, which he founded in 2008.

SUNDAY AT 1:30PM

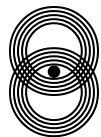
ANIMAL COMMUNICATION + ENERGY HEALING

JOAN RANQUET

Join animal communicator and author Joan Ranquet as she bridges animal communication and energy healing. Joan will take you on a journey of animal communication, understanding the basics of your energy field, your animal companion's energy field and what happens when they merge!

Joan Ranquet is an animal communicator, International speaker, and author of Energy Healing for Animals, A Hands-On Guide for Enhancing the Health, Longevity & Happiness of Your Pets (Sounds True) and Communication with all Life, Revelations of an Animal Communicator (Hay House). Most recently, she is a contributor to The Dharma of Dogs (Sounds True). Joan is the founder of Communication with all Life University, a certification program for animal communicators and energy healers for animals. Joan also takes people on animal communication/wildlife eco-trips.

SUNDAY AT 2:30PM



WORKSHOPS

GROW YOUR OWN FOOD

WITH LAURI KRANZ OF EDIBLE GARDENS

Join Lauri Kranz of Edible Gardens LA as she teaches you how to start your own vegetable garden or help you keep the one you have healthy. Learn all about organic gardening and get your hands dirty with a herb garden potting workshop. Participants will get to plant an herb pot that they take home with them.

Edible Gardens LA designs, builds, plants and sustains organic vegetable gardens and edible landscapes. Founder Lauri Kranz teaches gardening at local schools and with her company Edible Gardens LA, helps chefs, families and anyone with an interest in having a home garden grow lush gardens full of organic vegetables. Edible Gardens LA has teamed up with DJ Anne Litt (KCRW) for Music In The Garden - a series of concerts in public and private gardens to help raise awareness about the importance of growing your own food, giving back and creating community.

SATURDAY 11:15 - 1:15PM

TAROT FOR THE WILD SOUL

WITH LINDSAY MACK OF TAROT FOR THE WILD SOUL

Tarot for the Wild Soul is a beautiful and comprehensive workshop that will explore the Tarot through the lens of deep soul evolution. Together, we will journey into the bones, heart and soul of the Tarot, and participants will leave with the wisdom, foundation and knowledge to begin or enhance their own Soul Tarot practice.

In this workshop, we will cover: how to read Tarot for the Soul, the Majors, the Minors, the Court Cards, pulling cards

for ourselves and how to view Tarot as a tool for deep healing and expansion

Lindsay Mack, founder of Wild Soul Healing, is an intuitive tarot reader, holistic counselor, podcast host, and teacher based in Brooklyn, NY. She offers Intuitive Soul Readings, Deep Dives, Sacred Mentorship, and Tarot Trainings for those who desire to live fully on their true soul path. She is the creator of Soul Tarot, a way of interpreting, understanding and intentionally utilizing the Tarot as wild medicine for our soul's evolution. Soul Tarot is a fusion of channeled wisdom from her guides, her 22 years of experience reading and studying Tarot, and her own healing journey.

She hosts a weekly podcast, called Tarot for the Wild Soul, featuring deep conversations, energetic downloads, and tarot teachings for the soul.

SATURDAY 1:30 - 3:30PM. PLEASE BRING A 78 CARD TAROT DECK. IF YOU HAVE ONE! IF NOT, YOU CAN EASILY TAKE THIS CLASS WITHOUT IT.

PLANT COMMUNICATION +RADICAL COMMUNION

WITH AMANDA ACKERMAN & SAEWON OH

We are always communicating with the natural world. Through our gestures, breath, emotion, and visioning, we co-exist and co-evolve in a constant flow of interaction. However, our ability to notice these interactions is often obscured. This workshop will provide techniques for awakening our interspecies selves and engaging the language of plants. We'll work with specific herbs, teas, and flower essences whose medicine (or gifts) offer specific insight into the current

collective issues we are traveling through. All bodies and backgrounds welcome.

Amanda Ackerman is an author, teacher, and flower essence practitioner living in Los Angeles. She has been a flower essence therapist for over 17 years and has recently founded Plant Language, a hub for flower and vibrational remedies. Her own work with the plant world focuses on the feralscape, divining techniques that allow for communication across species boundaries. Her book The Book of Feral Flora was published in 2015 and uses biofeedback techniques that allow plants to create poems. She regularly offers flower essence therapy readings in Los Angeles and beyond.

Saewon Oh is an artist, teacher, herbalist, medicine maker and the founder of Sun Song, a line of handmade herbal remedies designed for meditative and earth-based healing practices. She's a member of the Nine Herbs Charm collective, which engages creative collaboration with plant consciousness, and also co-hosts a weekly series of flower essence infused yoga with Manifestation Yin.

SATURDAY 3:30-5PM

MINDFULNESS ART WORKSHOP

WITH CARLOTA SANTAMARIA

A unique creative energy emerges when people work together to create art—a synergy or collective flow is felt. It's a simple, yet profoundly powerful intervention. We will dive into the physicality of painting and free movement flow, experimenting with live drawing to create a collective mural. The focus will be on the inner experience and the present moment, understood as a meditation in motion. Painting awakens energy that unlocks our artistic and emotional abilities. This workshop is not about the final painting, it's about process, being present, experiencing color, shape, proportions and creative energy. It's about unlocking your creative power and letting go. Creating together in this way allows us to transcend ourselves by becoming part of a greater whole.

All art supplies will be provided and we will be using water base paint as a medium. Participants will take home works created during the workshop

Carlota Santamaria is a Barcelona born creative director and visual artist, based in Los Angeles. She has also lived in New York, Paris, Belgium and Japan, which gave her a worldwide vision of the cultural contemporary world and a deep understanding of creative thinking and image making. Her work has been awarded in the European Design Awards, Art director's Club and Laus. It has been showcased at the New Museum and Storefront for Architecture in New York, Palais de Tokyo in Paris, Antwerp's Momu or Barcelona's Caixa Forum.

SUNDAY 10:15 - 12:15PM

THE ART OF FERMENTATION

WITH TARA WHITSITT OF FERMENTATION ON WHEELS

Discover the simple tradition of preservation through bacterial collaboration in one of its most simple forms: via the local micro-flora of vegetables! Fermented foods heal our bodies, celebrate age-old traditions, and promote healthy eco-systems. Learn about the cost effective and simple tools involved and go home knowing how to creatively and fearlessly make sauerkraut, cucumber pickles, and much more.

Tara Whitsitt is an artist and food educator who organizes events nationwide to bridge communities and restore a genuine fascination in local, traditionally-preserved foods. She is also the author of Fermentation on Wheels: Road Stories, Food Ramblings, and 50 Do-It-Yourself Recipes, an illustrated memoir/cookbook following the project that toured the United States for two years, teaching fermentation to and inspiring communities out of a school bus converted into a fermentation lab, library, and workshop space.

Fermentation on Wheels is a grassroots project that brings fermentation education to communities of all ages and backgrounds and inspires with a school bus that has been converted into a fermentation lab, library, and workshop space. The project's founder, Tara Whitsitt, organizes events nationwide to bridge communities and restore a genuine fascination in local, traditionally-preserved foods. By traveling the country, connecting consumers to local farmers, and teaching fermentation, she hopes to emphasize the importance of strong, sustainable food practices and values.

SUNDAY 12:30 - 2PM

MODERN MACRAME

WITH JO ABELLERA OF KKIBO

In this 2 hour workshop, work with your hands and learn all the macrame knots to create a Macrame Planter or Macrame Wallhanging of your own design. We will be working with natural and indigo dyed jute, cotton, hemp, rattan and California driftwood.

Jo Abellera is the designer and maker of KKIBO, an artisanal line of knitwear, clothing, macrame market bags and macrame homewares. Known for its mix of primitive, organic forms and modern sustainable design, KKIBO is largely made in Los Angeles and in Abellera's home studio in Lake Arrowhead, California. "I think the core mission of KKIBO is to make unique, thoughtful pieces inspired by the natural world," the designer explains, "using the traditional techniques of knitting, crochet, weaving, and macrame in a new way."

SUNDAY 2 - 4PM

MEDICINE READING CEREMONY

WITH MAMMA MEDICINE

There are no accidents: every collection of people is joined together for a unique purpose. Join Mama Medicine as she leads a collective ceremony and discover what links you with others in the room and how your journey is supported by friends you've never met. These ceremonies are collective medicine readings, a bespoke blend of ancient healing traditions crafted for our modern life. Mama Medicine begins by reading the collective aura and identifying the common thread. The ceremony itself is a full-sensory experience, combining sound and crystal healing, energy balancing, intuitive reading, and spiritual guidance.

Deborah Hanekamp (Mama Medicine) is a Seeress carrying over 17 years in the healing arts. She is an Initiated Amazonian Shaman, Reiki Master and Yogi. Guided by the present moment, Deborah has facilitated Medicine Readings and Medicine Reading ceremonies all over the world. Her work has been featured in Vogue, New York Times & Marie Claire Magazine.

SATURDAY 11:30 - 12:30PM AND 3 - 4PM

AT THE MAMA MEDICINE AREA. SEE MAP FOR LOCATION. PLEASE BRING A NOTEPAD + PENCIL AND A BLANKET OR MAT TO LIE ON.

INDIGO TIE DYE

WITH JUNGMAVEN

Join Hemp aficionado's Jungmaven for an Indigo Tie Dye workshop. Each participant will receive Two Shirts to Indigo Tie Dye (one light weight and one heavy weight). Jungmaven Hemp Tee's are organic, non-GMO and ethically Made in the USA.

Jungmaven wants everyone in a Hemp Tee by 2020 to support legalized growing of industrial hemp for a healthier planet. Hemp farming cleans the air, water and nourishes the land helping mitigate climate change. Their deep roots need less water than similar crops like cotton, rice and wheat. Hemp carbon farms CO2 back into the ground from our atmosphere. Hemp is one of the world's best rotation crops and needs no (round-up) pesticides. It's organic, there is no GMO hemp. Hemp has been grown for thousands of years for its strength and simplicity in clothing. The word canvas is derived from cannabis and has been worked with for sails, ropes, charts, maps and more helping man/woman navigate the world.

SATURDAY AT THE FOLLOWING TIMES:

11AM, 11:30AM, 12PM, 12:30PM, 1PM, 1:30PM

AT THE JUNGMAVEN AREA. SEE MAP FOR LOCATION.

PLEASE WEAR INDIGO COLORED CLOTHING OR SOMETHING YOU DON'T MIND GETTING DYE ON.



CREATIVE JOURNALING

Laura Rubin

Laura Rubin of AllSwell believes that everyone has a unique creative voice, regardless of whether you're an artist or not. Dive into accessible, writing-based activities to tap into your divine, creative flow and nurture a journaling practice. You don't need to have any background in writing or journaling whatsoever to enjoy this experience. The mere act of putting pen to paper is illuminating and therapeutic.

Laura Rubin spent 15+ years successfully helping brands find (and use) their creative voices as the head of communications boutique Left Left Right. She recognized the power that process could provide when applied to the individual. Coupled with the fulfillment of a life-long journaling practice, Laura began AllSwell as a means of inspiring others to access these tools for themselves, whether they're applied in their private or professional lives. In 2000 Rubin established Left Left Right Consulting, working with some of today's leading brands in wellness, action sports, design and philanthropy. Rubin brings her trademark market-relevant insights to conceive and execute innovative, tailored campaigns to create compelling stories for clients including Waves for Water, OutsideTV, SALT., Surfrider Foundation and Spy Optics, among many others.

Laura gets her editorial fix as the Editor-at-Large of Whalebone Magazine and gives back as Chairman of the Board of Los Angeles-based nonprofit surf therapy organization A Walk On Water and as a board member of clean water charity LIMPIA. The New York / Montauk transplant is now based in Venice, California.

SATURDAY AT 11:15AM. HELD IN THE LECTURE AREA. BLANK ALLSWELL NOTEBOOKS AND WRITING UTENSILS AVAILABLE ON SITE FOR PURCHASE, OR BRING YOUR OWN ALONG.

KAVA CEREMONY

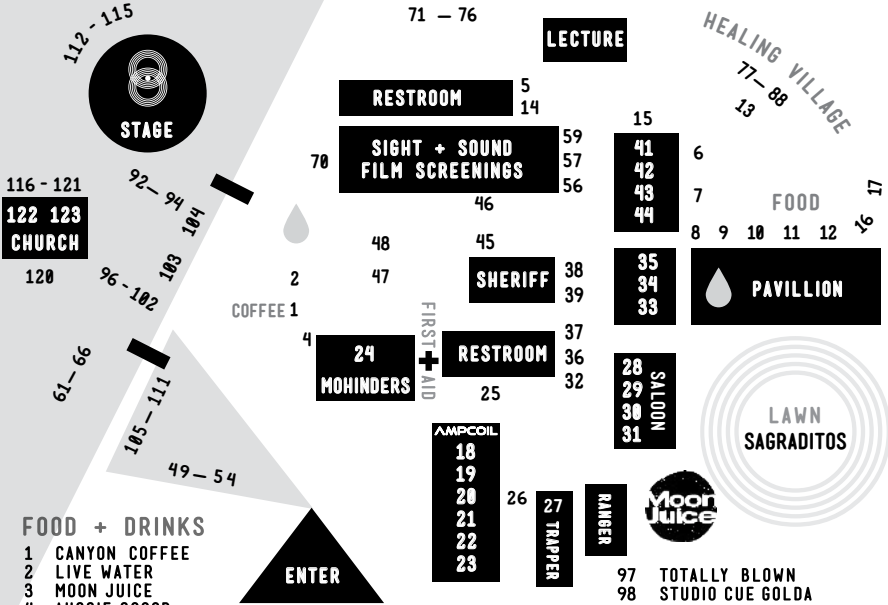
WITH THE GAIA SCHOOL

Join Marysia Miernowska, director of The Gaia School of Healing & Earth Education, for a Kava Plant Meditation & Ceremony. This one hour gathering will be an opportunity to drink the medicinal plant together, and enjoy a guided meditation to meet the spirit of the plant and receive it's medicine, magick and message for you. This is also an introduction to the teachings of the Gaia school, where we weave our consciousness into the consciousness of the Earth, with the healing plant teachers as our guides. No experience necessary, this is a very safe and loving plant.

Marysia Miernowska is an herbalist, witch, biodynamic gardener and Plant Spirit Medicine Practitioner rooted in the Wise Woman Tradition of Healing. She is the director of the California branch of The Gaia School of Healing and Earth Education where she holds ceremony & teaches herbal medicine, plant shamanism, regenerative farming practices, and Earth magick. A multilingual and multicultural devotee of Mother Earth, Marysia has traveled extensively, learning different regenerative ways of tending to the Earth and sharing Earth medicine. She has a background as a community organizer and activist, and keeps her feet rooted by designing and tending to medicinal gardens using permaculture and biodynamic practices. Marysia formulates herbal medicine as a consultant and also makes sacred plant botanicals under the label Flora Sagrada. She lives in Topanga, CA. with her daughter Flora, grows biodynamic herbs in Malibu, and teaches and holds ceremony in the greater LA area. Marysia shares her passions with her students & community through education, ceremony, in the gardens she tends and in her writing.

SUNDAY, NOVEMBER 5TH, 2 - 3:30PM AT THE GAIA SCHOOL AREA. PLEASE SEE MAP FOR LOCATION. PLEASE BRING A MUG AND A JOURNAL.

MAP



FOOD + DRINKS

- 1 CANYON COFFEE
- 2 LIVE WATER
- 3 MOON JUICE
- 4 AUSSIE SCOOP
- 5 SNO CON AMOR
- 6 WHOLESAM
- 7 IMLAK'ESH ORGANICS
- 8 SPROUTCRAFT
- 9 DARK HORSE
- 10 TACOS PUNTA CABRAS
- 11 DARK HORSE
- 12 STUDIO ASTELE/ COCONUTS
- 14 MARY JOE
- 15 FERMENTATION ON WHEELS
- 16 OL'SKOOL BBQ
- 17 ESCUELA TAQUERIA

MAKERS + ARTISTS

- 13 CAMPER GENERAL
- 18 AMP/COIL
- 19 ORRIS PERFUMERY
- 20 HAT & BEARD PRESS
- 21 MERCHANT
- 22 DREAM TRIBE
- 23 KKIBO
- 24 MOHINDERS
- 25 MIXED BUSINESS
- 26 SUPRMARKT
- 27 A QUESTION OF EAGLES
- 28 TOODLS
- 29 FIELD STUDIES EDITIONS
- 30 POPPY AND SOMEDAY
- 31 OLIVIA CLEMENTINE
- 32 AMARU
- 33 TAVIN BOUTIQUE
- 34 AWAVEAWAKE
- 35 TOWN CLOTHES
- 36 EARTH & ELEMENT
- 37 ZENBUNNI
- 38 LA TIERRA SAGRADA

- 39 MIRA BLACKMAN
- 34 CRESCIONI
- 41 THEN & NOW
- 42 SUN POTION
- 43 KELCI POTTER
- 44 SCENTS OF AWE
- 45 ADDICTIVE WELLNESS
- 46 FOUR SIGMATIC
- 47 LAUREN BRINKERS
- 48 FIELDS OF STUDY
- 49 STORIES & OBJECTS
- 50 19 CANDLES
- 51 HOLLOW BONE
- 53 NATURAL FREE HUMAN BEINGS
- 54 JUNGMAVEN
- 56 SAMROBERTSLA
- 57 MARGINS
- 59 WORN - OVER - TIME
- 61 INCAUSA
- 62 POEM STORE
- 63 WILD OMEN
- 64 KASSIA+SURF
- 65 EMK CERAMICS
- 66 MADE BY MO
- 70 EDIBLE GARDENS LA
- 71 TIMO GRANZOTTI
- 72 GHOST DANCER
- 73 LAST CHANCE TEXTILES
- 74 MODERN MACRAME
- 75 AURAGAMI
- 76 THE ALCHEMISTRESS
- 92 MR. MERZ
- 93 RADBEAN
- 94 PATRIAE
- 95 ELECTRIC FEATHERS
- 96 CLYDE

- 97 TOTALLY BLOWN
- 98 STUDIO CUE GOLDA
- 99 ACE & JIG
- 100 ADINA MILLS
- 101 HAVSTAD HAT COMPANY
- 102 UNTITLED RUG
- 103 THE TINY MESS
- 104 RAINBOW KIMONO
- 105 SUN SONG
- 106 CHRISTY DAWN
- 107 HOLLOW TALON
- 108 EASY TO BREATHE
- 109 SUMMERLAND
- 110 SEAN W SPELLMAN
- 111 ODDBIRD CO
- 112 GNOME LIFE
- 113 UPSTATE
- 114 LEAVES & FLOWERS
- 115 EVERETT NOEL KNIVES
- 116 ERIN BRUNO
- 117 AYAME CERAMICS
- 118 ANIMA MUNDI HERBALS
- 119 JAMES STREET
- 120 PAULINE WOLSTENCROFT
- 122 DATA GARDEN
- 123 XTREME MESS

HEALING VILLAGE

- 77 WILD SOUL HEALING & TAROT
- 78 GEMISPHERE
- 79 PLANT AS COMPASS
- 80 THE TULIP
- 81 SHEILA WOODFORD
- 82 DIVINEINTRVNSHUN
- 83 IN THE HOUSE OF LOVERS
- 84 THE GAIA SCHOOL OF HEALING
- 85 REIKI TRAINING INSTITUTE
- 86 OSEA MALIBU
- 87 MAMA MEDICINE