

THE GUIDE



Curated by Zebulon

#### SATURDAY

PEAKING LIGHTS FAMILY BAND

2:30 - 3:30

TIERRA DEL FUEGO

1:30 - 2:15 LFZ

12:30 - 1:15 ENTRANCE

LINAFORNIA

#### SUNDAY

MAPACHE

2:30 - 3:30

DANIEL HIGGS

1:30 - 2:15

FARMER DAVE & THE WIZARDS OF THE WEST

12:00 - 1:15

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CAP BEAUTY





### PEACE BELLS

WITH ELLIOT BERGMAN

Elliot Bergman will create a site-specific installation of his peace bells and sound sculptures in the chapel. For the past few years, Bergman has been melting down guns and bullet casings and transforming them into peace bells or sound vessels. He will be performing on these instruments with long-time collaborator Erik Hall. The music created ranges from meditative and trance-like, to a raucous, maximalist, gamelan-inspired freak out.

Elliot Bergman is a musician and visual artist living in Los Angeles. Since studying jazz, composition, and gamelan music at the University of Michigan, he has been an active part of the creative music scenes in Brooklyn and Chicago, while touring extensively with groups including Wild Belle, NOMO, Iron and Wine, and His Name is Alive. Elliot's musical and visual art practices are uniquely intertwined: he often builds the instruments that form the basis for many of the compositions in Wild Belle and NOMO—electrified variations on the African mbira. Indulging his interest in metal work, he has been producing bronze sound vessels and sound sculptures since 2012.

PERFORMANCES SATURDAY & SUNDAY, 1 + 3PM



# WORKSHOPS

#### INTRODUCTION TO TAROT

WITH NATALITA BENSON

Explore the beautiful system of the tarot with modern mystic Natalia Benson. She brings insightful and empowering perspectives to the tarot, perfect for the seasoned enthusiast or total tarot newbie.

Natalia Benson is an astrologer, modern mystic, and women's empowerment coach based in Los Angeles. She has been working with both tarot and astrology for more than a decade and has cultivated a wonderful clientele utilizing her unique, positive, and empowering approach to the mystical.

SATURDAY, 11:15AM -1:15PM



#### CONSCIOUS CONCEPTION

WITH PAULA MALLIS

Working on the emotional and spiritual level of conception, we connect inward and peel back the layers that are blocking us from what we are looking to birth into our lives. As women, we have the opportunity to birth babies, projects, new versions of ourselves, and all that we are called to bring into the world. But there may be competing intentions, fear, or judgment, or we may be set in our ways with limiting beliefs about how we think it should all look. By being open, courageous, and letting go, we have the opportunity to go inward, tune in, and connect with our intention. This two-hour workshop will be lead by WMN Space founder Paula Mallis who will guide you through a process that includes movement, journaling, and sharing.

Paula Mallis is a facilitator of women's circles and founder of WMN Space. When she was pregnant with her daughter Madeleine and navigating her own journey into motherhood, she experienced a shift in consciousness that allowed her the opportunity to choose a more mindful approach to her life. Paula blends her experience as a mother, her expertise as a doula and facilitator, and her extensive training in spiritual psychology. She believes "birth" can manifest in many forms.

SATURDAY, 1:30–3:30PM. THIS TALK WILL TAKE PLACE AT WMN SPACE IN THE HEALING ARTS EUCALYPTUS GROVE

#### HEALING FOODS & HERBS TO SUPPORT YOUR NERVOUS SYSTEM

WITH MAFALDA PINTO LEITE

Plants sustain us physically, providing the oxygen we breathe and the food we eat. But these chlorophyll-rich life forms offer much more than that-they are also loving allies when it comes to our mental, emotional, and spiritual growth and wellbeing. The right foods and herbs can ease chronic challenges of the nervous system, soothing stress, lifting spirits, and relieving pain to bring heart, mind, body, and soul into a state of peace, tranquility, and equilibrium. One of the most potent and simple ways of healing with homemade herbal medicines is through meals. As Hippocrates said, "Let your food be thy medicine and medicine be thy food." Your kitchen, including your spice cabinet, can be an abundant source of effective medicine. In this workshop we will open our minds and intuition to the broader possibilities for creating healing recipes in your own kitchen, diving deep into the correlation between the physical medicine a plant offers and the spiritual/magical energy it imparts.

Mafalda Pinto Leite is a holistic plantbased chef, herbalist, and organic skincare formulator. She has always been fascinated with the magical properties of ingredients-especially plants-and the infinite ways they can be prepared as food and medicine. Her love for food led her to NYC's Natural Gourmet Institute, with internships and chef positions in San Francisco, Maui, London, and New York, She studied herbalism under Rosemary Gladstar and has a diploma in organic skincare formulation and advanced cosmetic science. She created the online platform MPL 'daily to share creative recipes and the fascinating power of ingredients, as well as beauty and lifestyle tips and product curation to inspire readers to live a more sustainable, authentic, plant-based life.

SATURDAY, 3:30PM - 5PM

### PEN TO PAPER: THE TRANSFORMATIVE POWER OF LETTER WRITING

WITH LAURA RUBIN

When was the last time you wrote a letter or postcard? In the age of text messages and emojis, picking up a pen is a revolutionary act. In this workshop we'll opt out of our cultural addiction to immediacy and will craft communications—to others and to ourselves—that will provide a platform for exploration, gratitude, and connection.

Your words are important, made more so by writing them with your own hand. There are proven physiological, mental, and emotional benefits to picking up a pen. Using correspondence as our medium for discovery, we'll walk through accessible written exercises. Materials will be provided (hello, stamps!) in case you choose to send off your words. We'll even mail them for you.

Laura Rubin is founder of AllSwell, a collection of creativity workshops, custom products, and trips designed to encourage analog artistic exploration. AllSwell began as a passion project launched to encourage creativity in all its forms and has since grown to so much more. Laura now leads workshops all over the world, from Tahiti to Brooklyn, for brands and locations, committed to waking people up to the fact that their life is a creative act.

SUNDAY, 11AM-1PM

#### ANCIENT INFUSIONS: BEAR TALLOW MEDICINE

WITH WILDTENDER

Learn the ancient practice and medicinal use of tallow. Together we will craft an infusion of medicinal plants in California bear fat (sourced from Mountain Wintu herbalist Ted Dawson), exploring traditional applications and the modern science of tallow for transdermal nourishment and overall health. Our crafting will be enriched with conversation about the mythological significance of the bear across primary cultures.

Wildtender offers hands-on experiences and immersive excursions that establish intimacy with place, build earth-based skills, and facilitate healing from the land. Wildtender's co-founders Noël Vietor and Fletcher Tucker are devoted students and teachers of California natural history, awareness traditions, pan-ancestral skills, and wilderness rites of passage. Having found healing and belonging while stewarding the Esalen Institute Farm & Garden, and hiking and wild-crafting in Big Sur for almost a decade, they are honored to create this opportunity for others through Wildtender's immersive programs. In addition to Wildtender, Noël and Fletcher run the nature/mysticism-oriented independent record label Gnome Life.

UNDER THE OAK TREE AT THE WILDTENDER OUTPOST. SATURDAY, 12-1PM

#### RESTORING EARTH INTIMACY: A WALK WITH WILDTENDER

WITH WILDTENDER

The wild is always waiting with gifts of beauty and wisdom for those who take the time to slow down and tune in. Come wander the wilderness paths beyond Western Town with Wildtender co-founders Noël Vietor and Fletcher Tucker. Expand your awareness and enliven your senses with deep nature connection practices and explorations of the landscape. Drop into your animal body and make intentional contact with the many beings of the rare Valley Oak savanna habitat. Breathe fragrant chaparral, eavesdrop on cackling acorn woodpeckers, and follow the graceful trails of blacktailed deer back to a state of restored intimacy with the Earth. Please meet promptly at 1:30, we will have a brief check-in and then begin our wandering. SATURDAY, 1:30-3PM. MEET PROMPTLY AT THE WORKSHOP ZONE

## COMING HOME TO OAKS AND ACORNS

WITH WILDTENDER

Countless cultures across the Northern Hemisphere have regarded acorns as a staff of life and powerful medicine. The Celts defended their sacred oak forests against the exploitation of Roman invaders. Indigenous Californians have meticulously tended multi-generational oak orchards for millenia. In present day Korea, people consume bitter acorn soba, with an anti-parasitic effect. Human history is deeply interwoven with the great lives of oak trees, and the nutrient dense little acorn.

Join us to discuss the pan-ancestral traditions of tending oak groves and processing acorns. Sit in circle and allow your hands to remember how to shell, grind, and leach acorns for food. Come home to the wild, to your ancient self, and to oaks and acorns.

UNDER THE OAK TREE AT THE WILDTENDER OUTPOST. Drop-ins ok. Sunday, 2-3:30pm

#### MACRAME WEAVING MAGIC

WITH JO ABELLERA

Learn the age-old techniques of macramé and weaving in this workshop with Jo Abellera of KKIBO, even if you've never done macramé or weaving before. At the end of the workshop, you will go home with a wall hanging of your own design. Come and play with the magic of macramé!

Jo Abellera is the designer and textile artist of KKIBO, a line of handmade knitwear, clothing, macramé market bags, and fiber art made mostly in Los Angeles and her studio in the San Bernardino Mountains. Jo transforms natural fibers (including cotton, wool, alpaca, jute, hemp, and linen) into pieces that exude a deep individuality and an easy, sensual beauty. KKIBO is known for its thrilling mix of primitive, organic forms and a thoroughly modern approach to sustainable, ethical design. With KKIBO, Jo's core mission is to make thoughtful, unique, and beautiful things that reflect the natural world-using the traditional techniques of knitting. crochet, weaving and macramé in a new way.

SUNDAY, 3:15-5PM

#### SUPERMAMA'S MEDICINE KIT

WITH PAULA FERRARO

Scents of Awe's Paula Ferraro will guide us as we get back to the basics of superpowered simplicity. In this workshop we'll explore the effectiveness and universal healing properties of the key items in medicine bundles—elements that every supermama can turn to in times of need.

Paula Ferraro is an alchemical artist, weaving her passions for healing through nature reconnection into internal and external beauty solutions. She is the creator of Scents Of Awe, a handcrafted organic skincare and wellness line founded in Malibu. Together with her daughter, Paula has been raising and releasing Monarch butterflies to cultivate awareness for all species currently in threat of extinction. This year Paula has been teaching in Oregon, cultivating new methods of education and empowerment for women and children. Through her non-profit M4tK (Music 4 the Kids), she has been awarded for her healing work with chronically ill youth.

SUNDAY, 1:15-3PM





# SIGHT+SOUND

## ANCIENT ORIGIN CACAO CEREMONY

WITH MICHELLE SINNETTE

Receive a full cup of legacy cacao while Michelle guides your travel to the center of your heart. This sensory chocolate plant medicine will fill you with warm, earthy depth and ignite you with the passion, joy, and indigenous wisdom of the Mayan people. Learn about the nutrition, science, legend, and mystical power behind the most nutrient-rich, live food source on the planet. The sipping chocolate is made from an ancient Mayan recipe, and because it is believed that only women should handle the cacao, it is women who do all of the farming and production in Guatemala in accordance with the Mayan calendar. The crop is prayed over and sung to through the growing as well as during harvest by the women, who keep the legend of the cacao in mind: that it will open the hearts of each and every person who consumes it, restoring them back to their true nature, uniting us within and then returning us back to one tribe. This ceremony is for all who desire, believe in, and value an expansive, expressive, abundant life built on the foundation of unity, peace, and love.

Michelle Sinnette, founder of Soul Legacy International and Legacy Cacao, is a master intuitive, teacher, and heartcentered healer. A former law enforcement officer and licensed clinical social worker, Michelle is a born intuitive who was birthed onto her path through several death experiences, coma, and healing of immense wounding and trauma. She travels around the world to teach, consult, hold space, serve, and be an invitation back to the soul's truth.

SATURDAY, 11AM - 12:45PM

#### MOBILE ARCHITECTURE

WITH JAY NELSON

Architectural forms carry an immense weight in our lives-on the most basic level they provide us with a safe place to rest and think but they also determine the way we interact with each other and create a frame for the outside world. Artist and builder Jay Nelson knows that the pieces of a structure can be arranged an infinite number of ways and believes those arrangements make us who we are. Jay has brought one of his mobile camping structures, and, along with a slideshow of his work, will be discussing how he considers the different pieces of a structure-how these parts are arranged and what they represent. A window, for instance, is a way of directing a person's gaze toward a view or an idea. Furniture can be used to influence interaction with a space, an artwork, or another person. A roof and walls encourage privacy, intimacy, and inwardness. Lighting draws the gaze. Jay uses structures to direct an experience.

Jay Nelson is an artist and builder whose work has been featured in exhibitions at Bolinas Art Museum, the Berkeley Art Museum, the Oakland Museum of Art, the San Francisco Museum of Craft and Design, and various galleries around the country and world. He has commissioned work for the Oakland Airport, Mollusk Surf Shop, Patagonia, and Vissla. Jay has been featured in numerous publications including The New York Times Style Magazine, Surfer's Journal, Juxtapose, and San Francisco Bay Guardian. He received his MFA from Bard College in 2008 and his BFA from California College of the Arts in 2004.

SATURDAY, 1-2:45PM



#### TRANSMUTATION: THE ALCHEMY OF TRANSFORMING THE SHADOW

WITH CARLY JO MORGAN

The process of unlocking our higher purpose and understanding our pure essence is one of turning the authority of our mind over to our heart. The breath is a powerful catalyst for this process-an alchemical flame. In this workshop we will use the breath, along with music, to bring us into the depths of the unconscious and deliver symbols that reveal our body/soul's inner knowing of how to heal itself, emotionally and physically.

Carl Jung said, "Until you make the unconscious conscious it will direct your life and you will call it fate." We must meet our shadow, because in facing it we can transform it into our most powerful gift.

Carly Jo Morgan, co-founder of Mercado Sagrado, is an artist and journey designer committed to helping people connect deeper with themselves, their gifts, and one another.

SATURDAY, 3-5PM

#### LEMURIAN LANDSCAPE OF DREAMS

WITH JON SHAPIRO & ANNIK MENDE7

This magical sound journey is designed to activate the "I am" presence Divine Blueprint. Annik Mendez will use her voice along with crystal and alchemical bowls and Jon Shapiro facilitates ambient music generated from living plants. The live soundbath will accompany the screening of ethereal visual meditations by visionary artist Jean-Luc Bozzoli. This beautiful synergy will serenade you into the Essence of Lemuria activating key codes for the New Golden Dawn.

Annik Mendez is a magic weaver, spirit devotee and student of the heart. Using the technology of her voice, light language, and crystal singing bowls, she holds space for people to awaken to their spirit's infinite radiant potential with the intention of restoring the Garden of Eden and reactivating Earth back to her Divine Blueprint.

Jon Shapiro is an interdisciplinary musician and artist. He co-directs Data Garden, which began as a zero waste record label, where he helped develop the MIDI Sprout, a device that attaches to plants and translates their biofeedback into generative ambient music that responds to its environment in real time. Since then he has shared this work in music venues and healing spaces, cultivating a practice that helps people connect with plants and tune into themselves to experience subtle states of awareness.

SUNDAY, 11AM-12:45PM

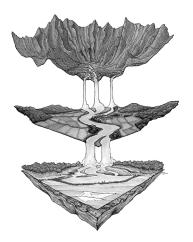
#### ISLAND EARTH

WITH CYRUS SUTTON

"There's an underground movement of young people who are going back to the land to grow their own food," says surfer, documentary filmmaker, and organic farmer Cyrus Sutton. "This is in direct response to corporate corruption of our food supply and an understanding of the instability of the current way we grow and distribute food." This idea is at the heart of his recent documentary Island Earth. Hawaii, a place very important to surfers, also happens to be home to the agribusiness industry's great experiment. Sutton's film shares the complex tale of a young indigenous scientist's journey through the cornfields of GMO companies and the lo'i patches (where taro is grown) of traditional Hawaiian elders to reveal modern truths and ancient values that can save our food future. Surfer Kassia Meador will be introducing Sutton, and interviewing him after the screening.

Cyrus Sutton is an American director and professional surfer. Growing up in Southern California and participating in water sports such as body surfing, bodyboarding, and surfing, inspired him to use cinematography to document the surf culture around him and on his travels. Sutton's inventive approach to filmmaking became the basis of the outdoor/surf website Korduroy.tv. His commercial clients include Adidas, Apple, Corona, Reef, and Patagonia. His career has been well documented by various national publications including Surfer Magazine and The New York Times.

SUNDAY, 1 - 2:45PM



## INDIGENOUS SOCIAL ENTREPRENEURSHIP

WITH INCAUSA

Incausa is a company with social impact at its core. They work in partnership with indigenous artisans to create connections between their communities and the international market, giving 100 percent of the wholesale price of their products—which include incense as well as home and apothecary items-directly back to producers. Join the founders, Vinicius and Carolina, as they present an immersive audio-visual experience with the Xavante people of Brazil, as well as a conversation about the journey of consolidating a socially driven international market for isolated Indigenous peoples in South America.

Vinicius Vieira de Vieira and Carolina Monteiro Vieira founded Incausa as a study to find meaningfulness in profit and for mindful growth: personal, communal, and societal. They developed a minimalist product line for ceremony and ritual practice, while acting as pro bono mediators for indigenous artisans, creating production that strengthens their identity, heritage, and sovereignty. Present in more than 20 countries, Incausa has been recognized as Micro Business of the Year by the U.S. Small Business Administration.

SUNDAY, 3-5PM



#### LAUREL CANYON, THE TAVISTOCK INSTITUTE & ESTABLISHMENT SOCIAL ENGINEERING

WITH JAY DYER

All of us share a worldview or paradigmnetwork of governing assumptions and beliefs through which we interpret the world. For most of us. these beliefs come to us through the programming of mainstream news, mainline education, Hollywood, the music industry, the entertainment complex, and establishment religious organizations. More often than not, these assumptions are never questioned, vet an investigation into the writings of those who give us our assumptions about the world-whom Edward Bernays, the father of modern propaganda, titled a "secret government"-reveals much greater control and manipulation than anything imaginable. These social engineers and technocrats, based on decades of inhumane research and experimentation (such as the MK-Ultra program), have intentionally led us to our current state of cultural and social malaiseby design. In this talk, Jay will cover the writings of the technocrats themselves and how entities like the Tavistock Institute and areas like Laurel Canvon factor into this evil equation as prime examples.

Jay Dyer is known as the creator of one of the premier film and philosophy sites on the net, Jaysanalysis.com. His graduate work focused on the interplay of film, geopolitics, espionage, and psychological warfare. Jay is a public speaker, lecturer, comedian, and author of Esoteric Hollywood: Sex, Cults and Symbols in Film, which was No. 1 in Amazon's Film and Hollywood Category in its first month of release. Known for his in-depth commentary and satire, he has appeared on numerous nationally syndicated radio and television shows. Jay is also the co-host and co-creator with Jay Weidner of the TV show Hollywood Decoded on Gaia TV.

#### SATURDAY, 11:15AM-12:30PM

#### SCALAR WAVE TECHNOLOGY

WITH DR. CHRISTINE SURRAGO

The use of scalar waves in medicine can have an impact on the bioenergetic system to increase health and vitality by enhancing the effects of the immune system, cells, and epigenetics.

Christine will explain what scaler waves and the morphogenic field are, and how the two dynamically interface dynamically for healing. Learn how advanced bioresonance devices such as CyberScan work for assessment and treatment and how they are able to pick up on cellular frequencies that indicate disease, mental and emotional states, previous traumas, and more. Christine will talk about how general healing actually occurs in the body, about the signs and symptoms of healing versus further degeneration, and how scalar waves can initiate and/ or enhance the healing process.

Dr. Christine Surrago is a certified naturopathic doctor in Santa Monica and Studio City, CA, practicing predominantly with scalar biofeedback and homeopathy to treat the underlying causes of illness. Chronic illnesses or complaints usually start from weaknesses in the bioenergetic field of the body. Rather than using medications or supplements to address these weaknesses, her goal is to correct them through the use of these medicines.

SATURDAY, 12:30PM-1:30PM

## BEYOND ORGANIC: LIVING & EATING RIGHTEOUSLY

WITH HEALTHYISH, SUN POTION, PONO BURGER & LUNCH ON ME

Join Healthyish editor Amanda Shapiro along with Nitsa Citrine of Sun Potion, Makani Gerardi of Pono Burger, and LaRayia Gaston of Lunch on Me as they discuss ways in which we can move to collectively approach food production and consumption with the Hawaiian concept of pono, or righteousness.

To Hawaiians, pono means to do things the right way-in terms of self, others, and the environment. How can we best support and feed our families and community? How can we be a little greener, make our decisions a little more consciously? How can we utilize food to connect with each other and as a tool to help bridge cultural differences? Pono is about deciding to be humble, to be kind-what does that mean as a farmer or distributor, as a chef or a maker of medicine? And what does it mean in terms of our modern food industry definitions? Certified-organic production doesn't necessarily make a farmer's fruit more valuable or nutritious than that of a farmer who may not be certified, but whose bounty is locally grown and/ or biodynamic. Learn how we can better navigate these complicated times so that we stay awake and choose the path of service and of love, especially when it comes to the food that nourishes us.

Amanda Shapiro is the editor of Healthyish, a site from Bon Appétit that covers wellness through the lens of food. Before that, she was a freelance journalist covering gender and health for publications like Vice, BuzzFeed, and the Oxford American. She was born in San Francisco, home to the best farmers' markets, and raised in New Haven, CT, home to the best pizza. Her dream meal consists of salmon, sweet potatoes, and tahini in any configuration.

Nitsa Citrine is an artist and a lover of tea, high-vibe foods, and holistic living, currently serving as the creative director of Sun Potion Transformational Foods. She is also the co-founder of Women with Superpowers, a photo series and movement that celebrates women as artists, activists, and healers. She lives in Malibu, CA.

Makani Gerardi is the founder and executive chef of Pono Burger in Santa Monica. She was raised on the big island of Hawaii, where pono means "to do things the right way"—an ethos that inspires every aspect of her business. Her philosophy is simple: use organic, local, farmers' market ingredients for handcrafted food that has as much integrity as it does flavor.

LaRayia Gaston is the founder and executive director of Lunch On Me, a Los Angeles—based non-profit dedicated to ending starvation while providing opportunities to enrich the mind, body, and spirit of L.A.'s homeless community. The organization transforms organic food "waste" from local restaurants into nutritious meals served six days a week on Skid Row, reaching 10,000 people a month.

SATURDAY, 1:30-2:30PM

#### THE LIGHT DIET: ADDRESSING MITOCHONDRIA FOR OPTIMAL HEALTH

WITH MATT MARUCA

Life is a product of the biophysics of an environment, not of our genetics. To blame genetics for health issues is like blaming a grocery store for a bad dinner, when what you can buy and how you prepare your food offers millions of different combinations to choose from. Likewise, our genetic code is merely a grocery store full of options, and the environment we choose determines the life that we get. Matt began his health journey by becoming a vegetarian at age 8, and has since tested many allopathic drugs, "alternative" treatments, and diets, ultimately coming to find that the science of mitochondrial medicine is the first to have clearly proven that the root of all "chronic" disease is mitochondrial dysfunction, the first cause of which is artificial light frequencies altering biologic cycles. Learn how the Light Diet can help reverse the damage, and build health from the cellular level up.

Matt Maruca is a student, entrepreneur, teacher of optimal human health, and the founder of Ra Optics, which he launched to share information and create products that teach people to build health in the modern world. Ra Optics' focus is on blue light-blocking glasses to protect our sleep/wake cycle, melatonin, repair quality, mitochondria, energy levels, and health from toxic artificial lighting. He is a frequent traveller and has met with some of the leading researchers of quantum biology. He is 19 years old.

SATURDAY, 2:30-3:30PM

# THE ROOTS OF PLANT RITUAL: RESPECTFULLY WEAVING THE PERSONAL, ARCHETYPAL AND CULTURAL

WITH KATHLEEN HARRISON

We all engage in ritual daily, much of it unconscious, as part of balancing modern life. Whether it involves foods, herbs, walks in nature, or seeking visions with powerful plants or mushrooms, these rituals fit into an ancient and global pattern. But honest, effective ritual depends on a genuine awareness of what is being borrowed, what is copied, and what is inspired by one's own deep history. How do we find and follow our own paths through symbolic actions? Cultivating respect and reciprocity for indigenous knowledge, we can look at the principles of ritual, and try to be more real to our own roots.

Kathleen Harrison, M.A., is an ethnobotanist who has been working among indigenous cultures and bohemian subcultures of the Western Hemisphere for 50 years. She has studied the roles and uses of many plants and fungi, focused especially on healing practices, ritual, animism, and stories that carry nature awareness. Kathleen cofounded and runs Botanical Dimensions, a nonprofit organization since 1985. BD has sponsored fieldwork and other projects in Mexico, Costa Rica, Peru, Ecuador, and Hawaii. BD is based in Sonoma County, north of San Francisco, where their unique Ethnobotany Library is located. Kat teaches weekend classes there in global patterns of ethnobotany, psychedelic species and practices, traditional patterns of ritual, history of foods and spices, and botanical illustration. Botanical Dimensions' motto is: "Collect, protect, propagate, and understand."

SATURDAY, 3:30-5PM

## THE HEALING EFFECTS OF HIVE SUPERFOODS & SAVING THE BEES

WITH CARLY STEIN

Join Carly Stein, sustainable beekeeping activist and founder of Beekeeper's Naturals, for a discussion on the various ways we can utilize hive superfoods to improve our health and nourish our bodies. The healing effects of bee-made superfoods have been recognized across the world by a variety of cultures for centuries. Long before many

of our over-the-counter remedies, humans relied on bee products to treat ailments ranging from cuts and burns to immune-related disorders. Carly will discuss the critical role bees play in our everyday lives, the current issues affecting them, what you can do to help, and the ways you can incorporate bee products into your daily health routine to feel your best.

Growing up with an autoimmune disorder, Carly spent her young life in search of natural health remedies. After spending countless hours and dollars on therapies that caused adverse reactions or didn't work, her life changed when she found a solution to her problems from the hive. After using propolis to combat tonsillitis and experiencing health improvements like never before, she began beekeeping to get a hold of this healing superfood. It was while working with the hives that Carly found her calling and an insatiable hunger to learn more about the bees and their unique superfoods. Carly created Beekeeper's Naturals as a platform and company to share these medicinal superfoods and educate the public about the important role bees play in our environment.



#### WORKING WITH MUGWORT

JAMES DAVID ADAMS

Mugwort, Artemisia douglasiana, is a traditional medicine of the Chumash people. Dr. James Adams will explain why it is a valuable resource, used as a mild tea to treat premenstrual syndrome, dysmenorrhea, and menopausal symptoms. This aromatic herb is also used as a mild treatment for children diagnosed with attention deficit hyperactivity disorder. Many other uses of the plant will be discussed including addiction, dreaming, and poison oak rash.

Dr. James Adams, PhD, is an associate professor at the USC School of Pharmacy. He was trained for 14 years by a Chumash healer and co-authored the book Healing with Medicinal Plants of the West: Cultural and Scientific Basis for Their Use.

SUNDAY, 12:30-1:30PM

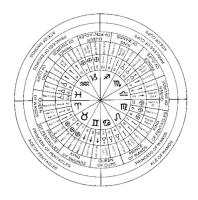
## WHAT IS YOUR HIGHER PURPOSE?

WITH JOSH STEGEL

National polls conducted in the last few years regarding career satisfaction all show that there is an epidemic of unhappiness within the workforce. Approximately 70 percent of working people are dissatisfied with their jobs or careers. What is the cause of such widespread discontent? For more than 20 years, numerologist Josh Siegel has counseled and advised thousands of people on their "ultimate goal" or "higher purpose" based on a highly advanced system of numerologyan ancient science of ascribing numbers to a person's life path. As the son of an academic, he developed his system of numerology through comparative research. As he advised more clients over the years. a remarkable pattern began to emerge: he found similar types of challenges or stories in connection with particular numbers in charts of people totally unrelated. He amassed enough research to unlock a hidden mystery: We are all born with a special basic destiny to fulfill in our lifetime, however we are purposely not supported initially for that mission. Furthermore, he found that our higher purpose is not a talent that comes easily; ironically it is a part of us that we may struggle with. After more than 20,000 oneon-one sessions, that storyline proved correct over and over again. Yet, some have indeed manifested their higher purpose and are living very fulfilled lives. What do they know that others don't? Join him for a fascinating look into the master code to your life and learn why you can be one of many who live their higher purpose.

Josh Siegel is a leading expert in the field of numerology, with more than 20 years of research. By using his advanced system to decode, he can tell crucial truths about people's lives, the hidden meaning behind seemingly random events, and why we attract certain relationships. Your name and birth date are not an accident. They are the basis to the code that unlocks the unseen influences affecting your life. This knowledge is thousands of years old and hidden within the pages of sacred writings across the world. Siegel has devoted his life to translating it into a powerful and highly accurate system for the modern mind and all of its special challenges.

SUNDAY, 1:30-2:30PM



#### I AM FREE

WITH JILL WILLARD

We have a beautiful chance to come in (or back) to our soul-to be who we are in our nature, not simply our world's nature or teaching, or patterns passed down from previous generations. It is a true time to thrive, and we can do this by understanding the tools we already have within. Intuitive and meditation leader Jill Willard will discuss how to clear the mind to make space through the limbic system, an essential part of clarity, focus, and aligned present energy. She'll also impart easy calming practices to incorporate into your daily life, along with the Intuitive Meditation method she's developed, and her belief that through repetitive breath, past memories or patterning can be released. Learn to let go! Bridge and flush painful thoughts and feelings, filling yourself with new fresh energy, pattern, rhythms, thoughts, dreams, and doings. Be free.

Acclaimed author of Intuitive Being (Harpers Elixir 2016), Jill Willard has been working with children and families for more than 25 years. Jill is well trained in multiple healing, wellness, and listening modalities. Her wisdom and expertise focus on the connection between the brain, our body, and our choices. She specializes in the way old patterning behaviors affect our current life experience, often without our knowing. As a speaker, meditator, and teacher, Jill has assisted many-from CEOs and creatives to tech leaders and philanthropists. Her guidance has been praised on Goop, Well+Good, Refinery29, and mindbodygreen among others. Jill's endeavors, including Intuitive Meditation and the Program Program, support intuition and cultivating a present lifestyle.

SUNDAY, 2:30-3:30PM



HEALING ARTS WORKSHOPS WILL BE HELD IN THE EUCALYPTUS GROVE IN THE HEALING ARTS AREA. PLEASE BRING A PILLOW, CUSHION, BOLSTER, OR BLANKET TO SIT ON, AND BE SURE TO WEAR COMFORTABLE CLOTHING.

### MEDICINE READING CEREMONY

WITH LUCIANA NACLERIO

Join NYC-based Luciana Naclerio, from Space by Mama Medicine, for a medicine reading ceremony. Naclerio will begin the ceremony by reading the group's collective aura and identifying the common thread that has called the participants to this moment. This is a full-sensory experience, combining sound and crystal healing, energy balancing, intuitive reading, and spiritual quidance.

Luciana Naclerio has 20 years of study in movement and its powerful medicine. She was the first apprentice of seeress Deborah Hanekamp, aka Mama Medicine, and became immersed in a world of healing and ceremony. Luciana's training as a classical ballerina has allowed her to explore embodiment through many lenses, eras, and cultures, discovering that the unifying force in all techniques is the direct access dance provides to the deepest part of the spirit. In 2018, she created a dance modality called the Temple Technique as a method of returning to the sacredness of the body through movement. Luciana facilitates moon ceremonies, embodiment retreats, and unique one-onone medicine readings in New York City.

SATURDAY, 11AM-12:15PM

## EARTH-BASED ANTIDOTES TO MIND CONTROL

WITH AMANDA ACKERMAN

Many of us, especially if we are sensitive, are registering the fragmentations and disturbances or our present moment at deep psychic, soul, and somatic levels. Our media-scape seems to amp up this energetic noise just as we are seeking to strengthen our own quardianship of one another and our planet, claim our own aliveness, and actively work toward better realities. In this workshop, led by flower essence therapist Amanda Ackerman, we will work with specific mineral and flower essences whose safe and easy daily use can work as a kind of soul retrieval, also offering specific insight into the current collective issues we are traveling through. Regular applications of these remedies can promote unexpected, innovative, and deviant ways to unwind programmatic social norms, shrug off illusory medias, protect our world-building, and allow us to claim our own songs and vibratory integrity.

Amanda Ackerman is an author, educator, and flower essence practitioner in Los Angeles. She has been a flower essence therapist for more than 18 years. Her work with the plant world focuses on the feralscape, bringing forward the counsel of plant consciousness to help us navigate these times, and divining techniques that allow for communication across species boundaries. Her book, *The Book of Feral Flora*, features poems created by plants, made possible by the use of biofeedback techniques. She regularly offers flower essence therapy readings in Los Angeles and beyond.

SATURDAY. 12:30-1:30PM

#### SANA, SANA: A SELF-HEALING CEREMONY

WITH AMBER LEE

Join holistic healer and massage therapist Amber Lee for an intimate ceremony of self-healing. Amber will guide the group through a series of grounding, opening, and self-attuning practices. By way of self-inquiry, nourishing exercises, and sharing, you will be supported to cultivate healing in your own system. As a full sensory experience, there will be elements of meditation, sound, touch, and more provided. Come and be nurtured into greater states of wellness, and carry this ceremony forward into your daily life. Please bring a pillow, cushion, bolster, or blanket; a journal; sun protection; water; and loose, comfortable clothing.

Amber Lee's lineage is rooted in the Andes, the Hawaiian Islands, in prayer, and in service. Seven years of study and experience in the healing arts has resulted in her comprehensive and holistic practice known as Plant As Compass. Her healing work is woven with the teachings of aromatherapy, acupressure, Council, Gestalt, Integrated Energy Therapy, Reiki, CranioSacral Therapy, Esalen Massage, and Deep Bodywork. Each session and ceremony is attuned to the needs and interests of the individual and/or group, as Amber intuitively and skillfully brings nature and spirit together for healing. Her treatment philosophy and teaching style is inspired by the innate intelligence and power to self-heal that lives inherently in every being.

SATURDAY, 1:30-3PM

#### FINANCIAL MASTERY

WITH ALESSANDRO GIANNETTI

Learn tools for activating financial abundance with Alessandro Giannetti, an intuitive energetic healer and spiritual teacher. Money is a very integral part of this reality and it has its own consciousness. Your understanding of and appreciation for it dictate the heaviness or lightness of money's presence in your life. Alessandro will share the energetic and spiritual principles that have helped many to shift their relationship to money. He will also lead a group healing to remove the most damaging frequencies in your life that are keeping you from reaching your highest purpose. Regardless of your

financial level, learning these principles will increase your money mastery.

Alessandro Giannetti is an intuitive energetic healer and spiritual teacher known for creating incredible shifts in people's lives. With over 28 years of experience in the healing world, Alessandro specializes in empowering and connecting people to their highest path. Born in New York, Alessandro now calls Los Angeles home. He teaches weekly courses and workshops, hosts international retreats and corporate training events, and offers limited private sessions. Alessandro is extremely intuitive and his techniques include channeling, chi kung, distance healing, spiritual surgery, energy manipulation, past life healing and clearing, soul recovery work, DNA-reprogramming, and more.

SATURDAY, 3-5PM

### SHAPESHIFTING AND MAGICAL FLIGHT

WITH FLIZA SWANN

In this workshop facilitated by artist and intuitive Eliza Swann, you'll learn some basic principles of astral travel, remote viewing, and shapeshifting. You'll learn how to protect your space and body energetically, techniques for astral travel, and we'll embark on an out-of-body journey together. Everyone will be sent home with a magic feather and homework.

Eliza Swann is an interdisciplinary artist, intuitive, writer, educator, and community organizer based in Los Angeles and New York. Eliza received a BA in Painting from the San Francisco Art Institute; trained in hypnotherapy at the Isis Centre in England; studied Hindu cosmology and yoga with Dr. Vagish Shastri in India; learned tarot and Western magical practice with the Builders of the Adytum, a Western mystery school; and received a master's degree in Fine Art from Central St. Martins in London. Eliza has lectured at UCLA, the Hammer Museum, the San Francisco Art Institute, Central St. Martins, CalArts, and is currently a visiting professor at Pratt Institute. Eliza is also the founder of the Golden Dome School, a curatorial and educational platform that studies intersections of art, metaphysics, and ecology.

SUNDAY, 11AM-12:45PM

## CLEARING THE ANCESTRAL KARMIC LINEAGE

WITH SEVAPREET

Create deep healing on an energetic, psycho-spiritual, and cellular level. Within your arcline, a line of energy that runs from earlobe to earlobe, are embedded karmic blueprints called samskaras. These energetic patterns include karma from this lifetime, previous lifetimes, and your ancestral line. Neuroscience tells us that just one subconscious thought is a million times more powerful than one conscious thought, and that 95 percent of our life is created by these subconscious thoughts, most of which have been patterned in us before the age of seven. Additionally, the science of epigenetics shows that trauma actually changes DNA, and the mutated genes are passed from generation to generation. Your inheritance can affect your physical, mental, and emotional health. But we have the opportunity to reverse these ancestral scars, healing the DNA, clearing the subconscious mind, and removing 15 generations of karma-seven past, seven forward, and our own. In this incredibly powerful Kundalini yoga workshop led by teacher and healer Sevapreet, we'll experience profound healing and visceral transformation while blessing the ancestors and our lineage. All are welcome, including beginners. Please bring water and a mat or blanket to sit on.

Sevapreet is an international Kundalini yoga teacher, energy healer, writer, mindfulness facilitator, holistic fitness specialist, and founder of Mantras + Miracles, which creates sacred alchemy using Kundalini yoga, mantra, and healing stones and crystals. Her greatest desire is to serve and she does so with authenticity and integrity, creating a nurturing environment for people to experience their divinity, strength, and grace. Students describe her teachings as powerful, transformational, and full of heart.

SUNDAY, 1-2:45PM



### INTRODUCTION TO MEDIUMSHIP

WITH ELIZA SWANN

This class will introduce participants to methods for ethical and sustainable mediumship practices. We will discuss what mediumship is and how to practice in a way that is respectful to the spirit world and healthy for our boundaries. We will then try out a few techniques for safely communicating with spirits. We will be connecting with teachers and guides from other dimensions that wish to communicate with us in an honorable and helpful way. This class is open to beginning and experienced practitioners alike.

Eliza Swann is an interdisciplinary artist, intuitive, writer, educator, and community organizer based in Los Angeles and New York. Eliza received a BA in Painting from the San Francisco Art Institute; trained in hypnotherapy at the Isis Centre in England; studied Hindu cosmology and yoga with Dr. Vagish Shastri in India; learned tarot and Western magical practice with the Builders of the Adytum, a Western mystery school; and received a master's degree in Fine Art from Central St. Martins in London. Eliza has lectured at UCLA, the Hammer Museum, the San Francisco Art Institute, Central St. Martins, CalArts, and is currently a visiting professor at Pratt Institute. Eliza is also the founder of the Golden Dome School, a curatorial and educational platform that studies intersections of art, metaphysics, and ecology.

SUNDAY, 3-5PM



#### WORKSHOPS FOR CHILDREN

curated by Merci Milo

Caroline Rodrigues is the founder of the toy shop Merci Milo—which has a brick-and-mortar outpost in Highland Park, Los Angeles—inspired by her daughter, and chief toy tester, Milo. After experiencing the artistry and whimsy of toy stores in Paris, Caroline decided to bring that same attention, care, and curation to the States where Merci Milo showcases unique handmade toys and accessories from local artisans, traditional toy makers, creative mamas, and global heirloom brands. Sourcing the highest quality toys and ethically made goods from all over the world, Merci Milo brings beauty and fun into the daily lives of children and their families.

PLEASE ARRIVE A FEW MINUTES EARLY. SPACE IS LIMITED. PLEASE VISIT CAROLINE AT THE CHILDREN'S "SAGRADITOS" ZONE TO
PURCHASE A TICKET AND RESERVE A SPACE FOR YOUR CHILD. CHILD. CHILDREN'S WORKSHOPS ARE MOST APPROPRIATE FOR KIDS AGES 4-12.

## TELLING STORIES WITH SIMPLE SHAPES

WITH JON KLASSEN

When storytelling with pictures, those pictures don't have to be complicated or difficult to draw. Learn how very simple shapes can be used to tell many different stories. We'll read some picture books and do some drawings to show how these ideas are used. A book by Jon Klassen will be included.

Jon Klassen is an author/illustrator who lives in Los Angeles. His children's books include I Want My Hat Back, Caldecott Medal-winner This Is Not My Hat, and We Found A Hat.

SATURDAY, 11:30AM

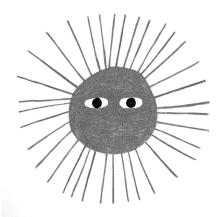
#### EARLY RISER

WITH ELIZABETH ANTONIA

As parents, we are the healers and rhythm keepers of the home. We create a sanctuary for ourselves and our children, and hold space for quiet and magic. Early Riser is for those who face the yawn of the day with a newborn or toddler and don't know what to do. Early Riser can help you pinpoint the difficult moments of the day and find creative ways to turn them into loving, consistent rituals. This workshop is focused on autumn and will include songs, rhymes, and the creation of a weekly rhythm wheel. It will inspire parents to explore their identity and establish a fresh view of daily life in the home and the family.

Elizabeth Antonia is a mother of two daughters (ages 5 and 9), a lifelong yogi, co-owner of Yeah! Rentals, and author of the blog *The Littlest*. She is currently writing *Early Riser Companion*, a book about creating a more reverent family life.

SATURDAY, 1:30PM



#### PLANT MAGIC & MEDICINE

WITH RACHEL BURGOS

Plants have been used for healing since the dawn of time. At this hands-on workshop, little ones will learn about a handful of herbs and play a game to explore when and how to use them. They will also learn how to make simple medicines and everyone will walk away with an infused herbal vinegar!

Rachel Burgos is a clinical herbalist in Highland Park, Los Angeles. She runs Snakeroot Apothecary as well as a consultation-based herbal practice.

SATURDAY, 3:30PM

#### DIY JAPANESE FABRIC DUSTER

WITH YOKO VEGA

Use up-cycled scrap fabric to make a hataki, a cloth-strip duster that is a cleaning essential in Japanese households. Fabric will be pre-cut and crafters will bind the strips to a wooden handle with an elastic tie and some glue. This traditional Japanese craft is perfect for both adults and children.

Yoko Vega studied at Bunka Fashion College in Tokyo, and moved to Los Angeles in 2009, when she launched Homako, her fabric jewelry line. She is working on a kids' pattern brand to encourage people to create clothes for little ones.

SUNDAY 11:30PM

#### SACRED FAMILY SOUNDBATH

WITH LULU & NICKT OF FORESTKIND

This hour-long soundbath is open to all families, and members of every age, from babies to adults, who wish to be bathed in vibrational energy from chakratuned crystal and Tibetan singing bowls along with other sacred instruments. You may join in or lie down, sit, or sway to the sounds as you feel called.

Forestkind, started by Lulu and Nicki, is a soundbath community in Los Angeles that fosters awareness of the present moment through the healing sounds of quartz crystal bowls, Usui Reiki energy work, and aromatherapy.

SUNDAY, 1:30PM

## CRAFTING LEATHER KEEPSAKES

WITH KRISTEN LOMBARDI

Help your little one craft a special leather locket. Children will combine colors, choose a design, and hand stitch a sweet keepsake to hold a tiny Polaroid or drawing. All materials and tools will be provided. This workshop is best suited for children 5 and up.

New Englander Kristen Lombardi formed Manimal, a moccasin-focused leathergoods company, in 2004. Taking cues from nature and handcrafting traditions, Lombardi designs Manimal pieces to be well worn and treasured.

SUNDAY, 3:30PM



#### BIOHACKING WITH THE LIFESTYLST

Luke Storey, spiritual teacher, biohacker, and host of The Life Stylist podcast, presents his infamous Biohacking Lounge, where visitors will have the opportunity to experience the profound effects of the most cutting-edge alternative health and consciousness devices. With individual biohacking sessions of 20-30 minutes in duration, visitors of the lounge will be transported into a deeper dimension of physical, emotional, and spiritual energy. Users will gain a deeper level of joy, focus, and general well-being.

Luke Storey, a former Hollywood celebrity fashion stylist, has spent the past 21 years developing and refining the ultimate lifestyle, based on the most powerful principles of health and spirituality, while at the same time embracing the technology and modern conveniences of urban living. As a transformational public speaker and deeply committed biohacker, Luke continues to share his strategies for healing and happiness through his interactive events, YouTube channel, and wildly popular podcast The Life Stylist. Since 2008, Luke has also served as founder and CEO at School of Style, the nation's most prominent fashion school for stylists

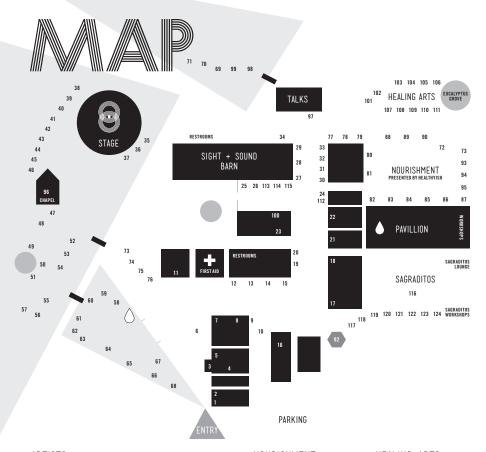
#### METAPHYSICAL ALCHEMY

WITH LUKE STORY

Luke Storey will lead this session on how to use the power of meditation, breathwork, Kundalini yoga, and intention to transform any challenging life situation into a catalyst for personal growth and expansion. You will learn how to create and widen the critical gap of separation between the egoic instincts and the calculating, negatively biased mind. By using present moment awareness, scientific prayer, and the power of your breath, you will learn how to access your true identity hidden behind the false self, and to live a life motivated by unconditional love and acceptance.

SUNDAY, 3:30-5PM





#### HEALING ARTS ARTISTS NOURISHMENT MANDA KKIBO 38 FIELDS OF STUDY MOUNTAIN VALLEY WATER COMPANY OF LA PLANT AS COMPASS DREAM TRIBE 39 EVERETT NOEL KNIVES CANYON COFFEE + EMK CERAMICS 102 INCALISA WOODFORD ACUPUNCTURE 40 TOTEM HOME KING KENNEDY RUGS 76. REVIVE KOMBLICHA 103 KARA THOMS BOUTIQUE 41 WMN SPACE SNO CON AMOR 104 SIN 77 FIELE FRAGRANCES 42 LUST AND FOND 78. FOUR SIGNATIC 105. NIGEL AKA. DIVINEINTRVNSHUN ERIN CONSIDINE 43. NATIVE + NOMAD SÜPRMRKT ANNE LOYD 79. CAP BEAUTY 44 RADBEAN 80. HARMLESS HARVEST 107. ONDA WELLNESS STORIES + OBJECTS OSFA 45 81 GOLDEN CLOUDS 100 COYOTE CRYSTALS FELL KNIVES CANNELITA 109 46. 82 PONO BURGER THE TULLP 47. ORENDA TRIBE INFINITELOVEDESIGNS SCENTS OF AWE 83. DARK HORSE 110 48. GHOST DANCER WUNDER WORKSHOP LEGACY CACAO MOHINDERS 84. 111 HALLOW TALON 49. ADDICTIVE WELLNESS TENZ0 112 SUN POTION AMARA KITCHEN 50. 51. 13 AMARU MAFALDA PINTO LEITE 86. 113. ACTIVIST MANUKA QUETZALCOATL MUSIC 14 WII DTENDER 87 BROTHECARY 114 LIVING LIBATIONS 52 PERFUMERA CURANDERA HOLLOW BONE 15 KEE CATERING LIVING TEA 88 115 THE LOST EXPLORER 53. HANNAH BEATRICE QUINN DOROTHY'S PIES 16. 89. 17. RA OPTICS SOFT HUMANS LAKA LUKE'S LAB 55. CAMPER GENERAL STORE AUSSIE SCOOP TOTALLY BLOWN SAGRADITOS 19 MILENA SILVANO 56 92 MOON JUICE WHITEFEATHER TAROT 57 JADA + JON 93 BEEKEEPER'S NATURALS 20. 58. UNITEDOTHER SHOP MERCI MILO TAVIN BOUTLOUF 21 94 VEGAN MARIO 116 22. SOPHIE NOVA 59. CHRISTY DAWN SPROUTCRAFT KORIMI KIDS 117 23. MIRA BLACKMAN LAUREN BRINKERS COSTA SUR 118 PERLE MER 61 EASY TO BREATHE BROOKES BOSWELL EARTH + ELEMENT FAT AND THE MOON 25. 62 WILLABY NATALIE WASHUTA LAST CHANCE TEXTUES 26 63 121 ΜΔΝΙΜΔΙ 27. THE NATURAL FREE HUMAN BEINGS 64 ARIELLE DE PINTO MISHA AND PUFF 122 SAM ROBERTS LA CLYDE 28. 65. HEY GANG 123 WORN-OVER TIME ALEX CRANE **EXPERIENCES** LITTLE MOON SOCIETY MARGINS IMPRINT 67 **NNNRIRN** 31 STEPHANIE INTELISANO 68 SUNUMAWA ELLIOT BERGMAN CRYSTAL AND WOOD BOTANICAL DIMENSIONS + LUNCH ON ME 32 ARTISAN - COLLAGE 69 97 ٥ WATER 33. RACHEL SHILLANDER 70. NAN COLLYMORE 98. AURAGAMI ← FIRST AID

THE ALCHEMISTRESS

OAK TREE

HENNAOLOGY

JUNIPER RIDGE

MARY JOE

36 INDOFK UUSI

73

WAYFARER

ALLISON ANDERSON



## SATURDAY

SIGHT + SOUND TALKS WORKSHOPS HEALING ARTS MUSIC STAGE EXPERIENCE SAGRADITOS

11:00	 							
11:15	 MICHELLE SINNETTE				LUCIANA NACLERIO			
11:30	 ANCIENT ORIGIN CACAO	JAY DYER	NATALIA	BENSON	MEDICINE READING CEREMONY	LINAFORNIA		
11:45	CEREMONY	LAUREL CANYON, THE TAY STOCK INSTITUTE &	INTRODUCTION TO TAROT					JON KLASSEN
		ESTABLISHMENT SOCIAL Engineering						TELLING STORIES WITH Simple shapes
12:00								
12:15 "								
12:30		DR CHRISTINE			AMANDA ACKERMAN	ENTRANCE		
12:45		SURRAGO			EARTH-BASED ANTIDOTES TO			
1:00	 	SCALAR WAVE TECHNOLOGY			MIND CONTROL		ELLIOTT BERGMAN	
1:15							PEACE BELLS	
1:30								
1:45	 JAY NELSON	HEALTHYISH	PAULA	NOËL	AMBER LEE	LFZ		ELIZABETH ANTONIA EARLY RISER WORKSHOP
2:00	 MOBILE ARCHITECTURE	BEYOND ORGANIC	MALLIS @	VIETOR &	SANA SANA~ A Self-Healing Ceremony			EARLY KISEK WORKSHOP
2:15			WMN Space	FLETCHER TUCKER				
2:30			CONSCIOUS	RESTORING		TIEDDA DEL EUEGO		
2:45		MATT MARUCA	CONCEPTION	EARTH INTIMACY		TIERRA DEL FUEGO		
3:00		THE LIGHT DIET						f
3:15						1	ELLIOTT BERGMAN	
3:30	 CARLY JO MORGAN				ALESSANDRO Giannetti		PEACE BELLS	
3:45	 OAKLI JU MURGAN	KATHLEEN Harrison	MAFALD		FINANCIAL MASTERY			RACHEL BURGOS
4:00	TRANSMUTATION: The Alchemy of	HARRISON	HEALING FOOD			PEAKING LIGHTS		PLANT MAGIC & MEDICINE
	TRANSFORMING THE Shadow	THE ROOTS OF PLANT RITUAL	SUPPORT YO	UR NERVOUS		FAMILY BAND		
4:15								
4:30								
4:45								
5:00	 							



## SUNDAY

HEALING ARTS

MUSIC STAGE

EXPERIENCE

SAGRADITOS

SIGHT + SOUND

TALKS

WORKSHOPS

11:00 JON SHAPIRO & ANNIK MENDEZ ELIZA SWANN 11:15 --CARLY STEIN LAURA RUBIN SHAPESHIFTING AND Magical Flight 11:30 ····· LEMURIAN LANDSCAPE OF DREAMS YOKO VEGA THE HEALING EFFECTS OF HIVE SUPERFOODS & SAVING THE BEES PEN TO PAPER: THE Transformative power of Letter Writing 11:45 ----DIY JAPANESE FABRIC Duster 12:00 ----MELAENA CADIZ 12:15 ... 12:30 ----JAMES DAVID ADAMS 12:45 ---1:00 ----ELLIOTT BERGMAN CYRUS SUTTON 1:15 ----CLEARING THE ANCESTRA KARMIC LINEAGE ISLAND EARTH + Q&A PAULA FERRARO 1:30 ----FD & THE WIZARDS OF THE WEST FORESTKIND JOSH STEGEL SUPERMAMMA'S MEDICINE KIT 1:45 ----SACRED FAMILY SOUNDBATH WHAT IS YOUR HIGHER PURPOSE? 2:00 ----2:15 ---2:30 ----DANIEL HIGGS 2:45 ---3:00 ---ELLIOTT BERGMAN INCAUSA 3:15 ---JO ABELLERA INDIGENOUS SOCIAL Entrepreneurship INTRODUCTION TO Mediumship 3:30 ----MACRAMÉ WEAVING MAGIC MANIMAL LUKE STOREY 3:45 ----CRAFTING LEATHER KEEPSAKES MAPACHE METAPHYS**I**CAL ALCHEMY 4:00 ----4:15 ---4:30 ----4:45 ----5:00 ---